

# TRI COUNTY YMCA MAY CALENDAR



Flip over this calendar to learn more about programs and events happening at the Y this month.

## SPECIAL EVENTS

\*REGISTER AT BUSINESS DESK\*

May 4th 11:00 am

**CRAFT EVENT: PAPER  
PLATE FLOWERS**


MAY 28th 12-4 pm

**MINI SENIOR HEALTH FAIR**

Free Fitness Assessment  
Cybersecurity-MFPD  
Fred Astaire Dance Studios  
Froedtert Health Team

**TRI COUNTY  
YMCA**

N84 W17501  
Menomonee Avenue  
Menomonee Falls, WI  
262-255-9622

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	VISIT OUR WEBSITE FOR EVEN MORE WAYS TO HAVE FUN AT THE Y!			<b>1</b> WALKING CLUB— 2:00PM (meet on indoor track/ may go outside)	<b>2</b> INDOOR CORNHOLE- 1:00PM (lower conference room)	<b>3</b> BINGO- 3:00PM (upper gathering area)
<b>4</b> WALKING CLUB— 2:00PM (meet on indoor track/ may go outside)	<b>5</b> SCRABBLE—1:00PM Cribbage -3:00 pm (Gathering Area)	<b>6</b> UNO CARD CLUB— 2:00 PM (Gathering Area)	<b>7</b> SHEEPSHEAD— 1:00PM (Gathering Area)	<b>8</b> WALKING CLUB— 2:00PM (meet on indoor track/ may go outside)	<b>9</b> INDOOR CORNHOLE- 1:00PM (lower conference room)	<b>10</b> BINGO- 3:00PM (upper gathering area)
<b>11</b> WALKING CLUB— 2:00PM (meet on indoor track/ may go outside)	<b>12</b> SCRABBLE—1:00PM Cribbage -3:00 pm (Gathering Area)	<b>13</b> UNO CARD CLUB— 2:00 PM (Gathering Area)	<b>14</b> SHEEPSHEAD— 1:00PM (Gathering Area)	<b>15</b> WALKING CLUB— 2:00PM (meet on indoor track/ may go outside)	<b>16</b> INDOOR CORNHOLE- 1:00PM (lower conference room)	<b>17</b> BINGO- 3:00PM (upper gathering area)
<b>18</b> WALKING CLUB— 2:00PM (meet on indoor track/ may go outside)	<b>19</b> SCRABBLE—1:00PM Cribbage -3:00 pm (Gathering Area)	<b>20</b> UNO CARD CLUB— 2:00 PM (Gathering Area)	<b>21</b> SHEEPSHEAD— 1:00PM (Gathering Area)	<b>22</b> WALKING CLUB— 2:00PM (meet on indoor track/ may go outside)	<b>23</b> INDOOR CORNHOLE- 1:00PM (lower conference room)	<b>24</b> BINGO- 3:00PM (upper gathering area)
<b>25</b> WALKING CLUB— 2:00PM (meet on indoor track/ may go outside)	<b>26</b> <b>CLOSED FOR MEMORIAL DAY</b>	<b>27</b> UNO CARD CLUB— 2:00 PM (Gathering Area)	<b>28</b> SHEEPSHEAD— 1:00PM (Gathering Area)	<b>20</b> WALKING CLUB— 2:00PM (meet on indoor track/ may go outside)	<b>30</b> INDOOR CORNHOLE- 1:00PM (lower conference room)	<b>31</b> BINGO- 3:00PM (upper gathering area)

LOOKING FOR MORE INFO? WE'RE HERE TO HELP!

GO TO GWCYMCA.ORG • CALL 262-255-9622 • VISIT THE BUSINESS SERVICE DESK AT THE TRI COUNTY Y!

# NEVER STOP LEARNING



## MINI SENIOR HEALTH FAIR

**WED, MAY 28TH**  
**12:00 PM—4:00 PM**  
LOWER CONFERENCE ROOM

Register for each presentation you  
would like to attend!

12:00 pm –Free Fitness Assessment

1:00 pm—Cyber Security for Seniors —  
Menomonee Falls Police Dpt

2:00 pm – Exercise in Dance—Fred Astaire  
Dance Studio

3:00 pm—Fueling a Heart-Healthy Body—  
Froedert Health



### QUESTIONS?

Mary Melka  
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**SIGN UP AT THE BUSINESS DESK**